

# WHAT CAN I DO WITH MY MAJOR? GERONTOLOGY

Gerontology focuses on the study of aging processes and the challenges associated with aging, including physical, psychological, and social aspects. It aims to improve the quality of life and promote the well-being of older adults through research, policy, and practice.

## COMMON JOB TITLES \* additional education or certification required post graduation

### ENTRY & MID LEVEL POSITIONS

Activity Director	Physical Therapist*
Estate Planner*	Registered Nurse*
Community Outreach Coordinator	Occupational Therapist*
Program Manager	Social Services Assistant
Nursing & Home Health Aide	Social Worker*
Patient Advocate	Case Manager
Gerontologist*	Healthcare Administrator

## AREAS OF EMPLOYMENT: WHERE DO GERONTOLOGY MAJORS TYPICALLY WORK?

Hospitals: Nebraska Medicine, CHI Health, Methodist Hospital

Nursing Homes: Brookstone Village, The Lighthouse, Montclair

Assisted Living Facilities: Esprit Whispering Edge, Heritage Pointe, CountryHouse

Nonprofit Organizations: Aging Partners, Eastern NE Office on Aging

Public Health Organizations: Live Well Omaha, OPS Health Services, Charles Drew

Government: NE Dept. of Aging & Disability, NE DHHS, NE Dept. of VA

Colleges & Universities: UNO, UNMC, Metro CC

Rehabilitation Centers: Madonna, Immanuel, Life Care Center Omaha

Mental Health Clinics: Omaha Integrative Care, Psychiatric Associates

Corporate Wellness Programs: Blue Cross Blue Shield, OPPD, ConAgra

## IMPORTANT QUALITIES:

### Transferable Skills Gained:

- Problem-solving
- Communication
- Organizational skills
- Interpersonal skills
- Analytical skills

### Concrete Skills Gained:

- Microsoft Office
- SPSS/R
- Google Suite
- Zoom
- Google Scholar

## HOW TO DEVELOP YOUR SKILLS :

Join **Sigma Phi Omega** or another **UNO Student Organization** to advance your leadership, professionalism, and communication skills

Attend **UNO Department of Gerontology Lecture Series** or other events to hear from professionals & apply your learning outside of the classroom

Get involved in the **CAPACITY Lab** or other research lab to gain hands on experiences and collaborate with faculty

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## MAJOR + MINOR SPECIALIZATION: HOW CAN I SPECIALIZE IN SOMETHING BEFORE I GRADUATE?

\* additional education or certification required post graduation

Gerontology + Public Health minor = Program Director

Gerontology + Sociology minor = Geriatric Social Worker\*

Gerontology + Molecular and Biomedical Biology minor = Physical Therapist\*

## OCCUPATIONAL OUTLOOK:

Community Outreach Coordinators

Registered Nurses

Social Workers

Nursing & Home Health Aides

## EMPLOYMENT OPPORTUNITIES:

Check out daily job postings on **Handshake** related to accounting jobs, internships, and opportunities to boost your student experience

## ADDITIONAL EDUCATION:

A **Masters degree** or **Doctoral Degree** may be beneficial after graduation depending on your desired career path. Advanced degrees offer opportunities for advanced study, specialization, and development

### More information:

UNO Gerontology Graduate Programs

UNO Graduate Programs A-Z

## OTHER RESOURCES :

UNO Department of Gerontology

Career Exploration in Career Services

U.S. Bureau of Labor Statistics: Occupational Outlook Handbook


## NEED SOME EXTRA HELP?


Book an appointment with Career Services

Book an appointment with your Advisor

## Career Services

 EAB 113

 6001 Dodge Street, Omaha, NE 68182

 402.554.3672

 [careers.unomaha.edu](https://careers.unomaha.edu)

 [careers@unomaha.edu](mailto:careers@unomaha.edu)

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