

# WHAT CAN I DO WITH MY MAJOR? PUBLIC HEALTH

Public Health is a field focused on protecting and improving the health of communities through education, policy-making, and research. It addresses health issues on a broad scale, aiming to prevent disease and promote wellness through organized efforts and informed choices

# COMMON JOB TITLES \*additional education or certification required post graduation

#### **ENTRY & MID LEVEL POSITIONS**

Community Resource Specialist **Health Education Specialist** Policy Analyst\* Health Promotions Specialist International Aid Worker Lifestyle Health Coach

Medical Scientist\* Epidemiologist\* Social Services Assistant Health & Wellness Coordinator Program Manager Health Consultant

# AREAS OF EMPLOYMENT: WHERE DO PUBLIC HEALTH MAJORS TYPICALLY WORK?

Corporate Wellness Programs: American Red Cross, Union Pacific Health/Fitness Centers: One World, Charles Drew, YMCA Research Institutions: Diabetes Education Center, UNMC Public Health Colleges & Universities: Creighton, UNO, UNL Insurance Companies: Blue Cross Blue Shield, United Health Care

Health Departments: Douglas County Health Dept., Lancaster, Sarpy County Nonprofit Organizations: Planned Parenthood, Omaha Housing Authority Hospitals/Clinics: CHI Health, Nebraska Medicine, Methodist Government: NE Dept of Health & Human Services, CDC, EPA Laboratories: Quest Diagnostics, Midwest Laboratories, Velocity

### **IMPORTANT QUALITIES:**

#### **Transferable Skills Gained:**

Problem Solving Instructional Skills **Analytical Skills** Time management Interpersonal Skills

#### **Concrete Skills Gained:**

Microsoft Excel SPSS/R **Oualtrics** Microsoft Access Epi Info

### HOW TO DEVELOP YOUR SKILLS:

Join **UNO Public Health Student Organization** to gain access to leadership opportunities & participate in professional health education activities.

Participate in different **Public Health Research** to apply your learning outside of the classroom

Attend **UND Wellness Center** events and activity year round to connect with other students & faculty



MAJOR + MINOR SPECIALIZATION: HOW CAN I SPECIALIZE IN SOMETHING BEFORE I GRADUATE?

<u>Public Health + Nonprofit Management minor = Health & Wellness Coordinator</u>

\* additional education or certification required post graduation

<u>Public Health</u> + <u>Economics minor</u> = <u>Health Consultant</u>

<u>Public Health</u> + <u>Medical Humanities minor</u> = <u>International Aid Worker</u>

#### OCCUPATIONAL OUTLOOK:

Health Education Specialists
Community Health Workers
Epidemiologists
Medical Scientists

#### **EMPLOYMENT OPPORTUNITIES:**

Check out daily job postings on **Handshake** related to accounting jobs, internships, and opportunities to boost your student experience

#### **ADDITIONAL EDUCATION:**

A **Masters degree** or **Doctoral Degree** may be beneficial or required after graduation depending on your desired career path. Advanced degrees offer opportunities for research, specialization, and development

#### **More information:**

UNO H&K Graduate Programs
UNO Graduate Programs A-Z

#### OTHER RESOURCES:

<u>UNO Department of Public Health</u>

<u>Career Exploration in Career Services</u>

U.S. Bureau of Labor Statistics: Occupational Outlook Handbook

### NEED SOME EXTRA HELP?

Book an appointment with <u>Career Services</u> Book an appointment with your Advisor

#### **Career Services**



6001 Dodge Street, Omaha, NE 68182







