



UNO Child Care Center **Chronicle**

August 2024

Dawn Hove-Casart - Director

Monica Dey - Assistant Director

UNO Child Care Center Happenings and Reminders

Announcements/Reminders

1. The last event for the summer will be our Annual **Ice Cream Social on Friday, August 23, 2024 from 4:30 to 5:30 p.m.** Come join us for some ice cream with all the toppings and network with staff & families. Hope to see you there!
2. The children do play outside and will go for walks on campus both in the mornings and afternoons. If you know that you will be picking up early, please let Dawn, Monica or your child's Lead Teacher know, so that your child can stay back if you pick up before 4 p.m.
3. The final UNO Library Day for summer will be on Thursday, August 8, 2024. The children enjoyed being able to go to the UNO Library every week this summer for Storytime and check out books.
4. Tuition contracts will go out the week of August 26, 2024. All contracts must be signed and returned no later than August 30, 2024.
5. Please let us know if your child(ren) will not be in attendance for the day. You can call the child care center at 402-554-3398 or email Dawn (dhove@unomaha.edu) or Monica (mdey@unomaha.edu) to let us know. This helps us for preparing meals and staffing for the day.
6. We hope that you have enjoyed all the fun pictures with the summer events. Looking forward to a fun fall semester!
7. The UNO Child Care Center **closes** promptly at **5:30 P.M.** Please make sure you are picking up your child by 5:30 P.M. The staff thank you.
8. We continue to advertise for the Assistant Lead Toddler Teacher position. Help continue to spread the word.
9. If you have any questions or concerns, please contact Dawn at 402-554-4936 or by email at dhove@unomaha.edu.



Happy Birthday!

- | | |
|------------------|------------------|
| 1 - Miss Chelsie | 14 - Salem A. |
| 3 - Ava B. | 19 - Miss Vivian |
| 3 - Peach G. | 19 - Miss Shae |
| 8 - Jacky A. | 23 - Miss Alexis |
| 8 - Lincoln B. | 24 - Mr. Gabe |
| 9 - Miss Kayla | 30 - Avery E. |



August

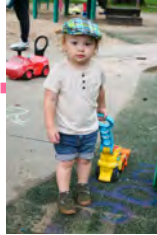
- **Back to School Month**
- 2 - SA Field Trip to SAC Museum
- 2 - Gifford Farm Animals on the Go
- 2 - National Coloring Day
- 4 - National Friendship Day
- 7 - Toddler walk to MBSC for Ice Cream
- 8 - Last Library Day for Summer
- 9 - National Book Lovers Day
- 10 - National Smore's Day
- 23 - Ice Cream Social 4:30-5:30 p.m.
- 24 - National Waffle Day
- 26 - UNO Fall Classes Begin



September

Harvest Month

- 2 - Labor Day
- 2 - **UNO Child Care Center Closed**
- 5 - National Cheese Pizza Day
- 6 - Read a Book Day
- 6 - National Food Bank Day
- 8 - Grandparents Day
- 8 - International Literacy Day
- 9 - National Teddy Bear Day ~ Bring your favorite to share
- 19 - National Dance Day
- 22 - Autumn Begins
- 23 - National Family Day



Recommended Books for the Month



The shipment of the Nebraska Growing Readers book series will continue to go home each month. These are free books that families can take and read to their children to keep or pass along to other families.

These books are designed to use language and cultural references appropriate for your children. In fact, many will speak to Nebraska specific topics that will engage your child.

There Was an Old Pirate Who Swallowed a Fish
by Jennifer Ward

Gibberish by Young Vo

My School Unicorn by Willow Evans

Girls on Wheels by Srividhya Venkat

Make Way for Butterfly (A Very Impatient Caterpillar Book)
by Ross Burach

Come Over to My House by Eliza Hull

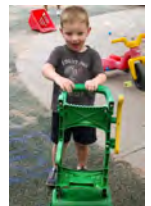
We Are Definitely Human by X. Fang

Are We There Yet? by Sven Völker

Hidden Gem by Linda Liu

The Smart Cookie by Jory John

The Crayons Go Back to School
by Drew Daywalt



Reading Fun!

Book Orders for this month will be due on Friday, August 23, 2024.

Books are an important part of a child's development and can help your child gain pre-literacy skills. When you order your child's books through Scholastic Book Orders, the center earns points to use towards free books and educational materials we can use in the classrooms!

Please visit [scholastic.com/bookclubs](https://www.scholastic.com/bookclubs) to order.

If this is your first time ordering online, you will need to create an account using our center's code GKXFX. This is the center's account under "Dawn Hove". Please make sure you are using this account, or your order may not be processed. You will be able to pay online and the books will be delivered to the center. Happy Reading!



Talk With Toddlers

Welcome to August!

Our Summer session is almost over! The Toddler staff and I would like to thank all the families that helped make our field trips and events possible. All the toddlers had a blast!

We have one more special event on Friday, August 2, with Gifford Farm's Animals on the Go visit from 9:15 A.M. to 9:35 A.M. The children will have a chance to interact with Gifford Farm's animals and learn about them. Parents are welcome to join us.

August 6 will be our last water play day and August 8 will be our last trip to the library for summer Storytime. Water play items will be washed and placed in a bag on your child's coat hook no later than Friday, August 9.

The August Themes for Toddlers: Review /Bugs/Science. This month we will be learning about bugs. These include ants, spiders, lady bugs and bees.

As we head into the fall, we would like to say goodbye to the friends we have made along the way and welcome our new friends to the Toddler classroom. We are looking forward to finishing our fun summer session with you and heading into the Fall.

We will also say farewell to Miss Caitlin and Ms. Alia. We will miss them dearly but wish them all the luck in their new and previous endeavors. At the end of the month, a couple of our toddler friends will move on to Transition classroom. And even though we will miss seeing them in the Toddler room, we will still be here to give them love and hugs. And we are so proud of the big kids that they have become!

Thanks for a memorable Summer, and here's to an awesome Fall!
Mr. Fred and the Toddler Staff



Time With Transition

Let's Welcome a New School Year!

As summer winds down, we will be having our last library story time on Thursday, August 8 and our last water play day on Friday, August 9.

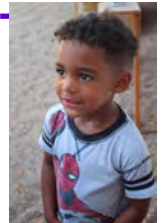
Transition has many fun events this month planned, including Gifford Farm's "Animals on the Go" on Friday, August 2 from 9:40 to 10:15 A.M. We will be learning about animals and getting to interact with some special visitors from the farm.

The Transition group will have some new friends from Toddler 2 joining us for the fall semester and we will be saying goodbye to some friends who will be joining Preschool. For those friends who are new to the room, we will be sending out welcome packets during the week of August 26, 2024, that will have some more information about the routine of the classroom, as well as a survey about you and your child that needs to be returned.

Themes for the month of August are: What do you know; Fine & Gross Motor Skills and Reviewing shapes, colors, numbers & letters.

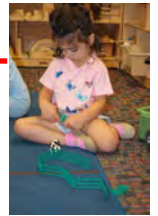
Have a great rest of the summer.

Ms. Alecia and Transition Assistant Teachers



Preschool Perspective

It's hard to believe that summer is winding down and a new school year will be beginning soon!



The summer has been filled with learning and fun activities along with the addition of Ms. Erin as our new lead teacher. With that being said, the end of summer is in sight and our last water play day will be Monday, August 5. We will be sending swimsuits and towels home that day! Our last trip to the library will be on Thursday, August 8. While we will miss our summer activities, we are looking forward to new friends and new adventures as the school year begins.

Beginning the week of August 12, friends from the Transition classroom, who will be moving to Preschool, will be visiting and our older preschool friends will officially move up to the Pre-K group with Ms. Patty. We will also have new friends starting and returning friends who have been gone for the summer. We will be excited to see everyone.

This month, themes we will be exploring are: Ocean; Picnic; Space; and Welcome Back to School! During the month of August, we will focus on the letter A, the number 1, the color red and the rectangle shape. Ms. Erin is planning many new learning opportunities for the group!

Some general reminders:

- Please check your child's tubby to make sure that there is a change of seasonably appropriate clothing in it.
- If you have any clothing belonging to the center, please return it as soon as possible. We do not have a lot of extra summer clothing for children to change into if needed.
- We are continuing to apply sunscreen, so please bring in more sunscreen if needed.

We look forward to an exciting month!

Ms. Monica, Ms. Erin and the Preschool Assistant Teachers



School-age & Pre-K Press Release

Pre-K and School Age Parents,

As we begin August, we are sad to see our school-agers head to school for the first time or back to school. We had a fun summer with many adventures.

The last school age field trip will be to the SAC museum, on August 2. The first two weeks of August, our themes are Olympics and Robots. As we head into the fall semester, we will be welcoming a new Pre-K Class. The Pre-K staff and I are excited to start the fall semester. The last two weeks of August the themes will be Pets and Back to School.

For students that are moving from Preschool to Pre-K your child's coat hook will be moving down to the block area in the classroom, their mailboxes and cubbies will also move. This change will happen during the week of August 12. I will show you the new location of these during the first couple of days.

Starting the week of August 26, we will be starting our letter and number of the week, and color and shape of the month. I will also be sending home learning extension activities. These activities are a great way to expand on what we are learning at school and will help prepare your child for homework in their Kindergarten year. I will not be grading them, but if your child brings back a completed activity, they will get a sticker or prize. I do ask that you bring back the folder by Thursdays so I can prepare them for the next week.

We encourage the Pre-K children to have backpacks, so they can take things to and from school as needed. Please remember to check your child's cubby and mailbox daily. At the top of the stairs to the classroom is a parent education board, here you will find information about how we work and play in the classroom. The parent information board is in the classroom over by the cubbies and mailboxes, there you will find our daily schedule and current lesson plans. **We start circle time at 9:10 A.M., we encourage your child to be here by then. That way your child can be here for all our learning activities.** As always if you have any questions, please don't hesitate to ask Mrs. Patty.

We are looking forward to a great school year.

Mrs. Patty and the Pre-K Staff



Parent Corner

Fitness for Toddlers and Preschoolers

Did you know that May is Physical Fitness and Sports Month? As toddlers and preschoolers build new skills and have a greater ability to move around more, it's important that caregivers encourage physical activity and make sure they get the amount necessary for their fitness. Our partners at Nemours share information on how much activity toddlers and preschoolers require and they provide tips on some fun games you can tryout in your child care.

2-to-3-Year-Olds

Kids this age are walking and running, kicking, and throwing. They're naturally active, so be sure to provide lots of chances for your child to practice and build on these skills.

How much is enough? Physical activity guidelines for toddlers recommend that each day they:

- get at least 30 minutes of structured (adult-led) physical activity
- get at least 60 minutes of unstructured (active free play) physical activity
- not be inactive for more than 1 hour at a time except when sleeping

What They Can Do

It's important to understand what kids can do and what skills are appropriate for this age. By age 2, toddlers should be able to walk and run well. They might be able to kick a ball and jump in place with both feet. By age 3, toddlers usually can balance briefly on one foot, kick a ball forward, throw a ball overhand, catch a ball, and pedal a tricycle.

Keep these skills in mind when encouraging your child to be active. Play games together and provide age-appropriate active toys, such as balls, push and pull toys, and riding vehicles. Through practice, toddlers will continue to improve and refine their motor skills.

Fun Games

- Walk like a penguin, hop like a frog, or imitate other animals' movements.
- Sit facing each other and hold hands. Rock back and forth and sing the song "Row, row, row your boat."
- Bend at the waist and touch the ground. Walk your hands forward and inch along like a caterpillar.
- Sit on the ground and let your children step over your legs or make a bridge with your body and let your children crawl under.
- Play follow the leader, "Ring around the rosy," and other similar games.
- Listen to music and dance together.

The possibilities are endless — come up with your own active ideas or follow your child's lead. Also, limit the amount of time your child spends watching TV (including DVDs and videos) or playing on a computer, tablet, or smartphone.

3-to-5-Year-Olds

By the time kids are 3 to 5 years old, their physical skills, like running, jumping, kicking, and throwing, have come a long way. Now they'll continue to refine these skills and build on them to learn more complex ones.

Take advantage of your child's natural tendency to be active. Regular physical activity promotes healthy growth and development and learning new skills builds confidence.

Physical activity guidelines recommend that preschoolers:

- are physically active throughout the day
- move and engage in both active play and structured (adult-led) physical activity
- do activities such as jumping, hopping, and tumbling to strengthen bones

What They Can Do

Preschoolers should participate in a variety of fun and challenging physical activities that help build skills and coordination but aren't beyond their abilities. Preschoolers should be active about 3 hours a day, including light, moderate, and vigorous activities.

Kids this age are learning to hop, skip, and jump forward, and are eager to show off how they can balance on one foot, catch a ball, or do a somersault. Preschoolers also might enjoy swimming, playing on a playground, dancing, and riding a tricycle or bicycle with training wheels.

Fun Games

- playing games such as "Duck, Duck, Goose" or "Follow the Leader," then mixing it up with jumping, hopping, and walking backward
- kicking a ball back and forth or into a goal
- hitting a ball off a T-ball stand
- playing freeze dance or freeze tag
- Treasure hunt: Hide "treasures" throughout the house and provide clues to their locations.
- Obstacle course: Set up an obstacle course with chairs, boxes, and toys for the kids to go over, under, through, and around.
- Soft-ball games: Use soft foam balls to play indoor basketball, bowling, soccer, or catch. You can even use balloons to play volleyball or catch.

For more information, read Nemours' blogs on [Fitness and Your 2-to-3-Year-Old](#) and [Fitness and Your 3-to-5-Year-Old](#).