



# UNO Child Care Center **Chronicle**

## July 2024

Dawn Hove-Casart - Director

Monica Dey - Assistant Director

### UNO Child Care Center Happenings and Reminders

#### Announcements/Reminders

1. The UNO Child Care Center will be closed on Thursday, July 4, 2024 in observance of Independence Day. We will re-open on Friday, July 5, 2024 at 6:30 A.M. Please let us know if your child will not be here on Friday, July 5. This will help us staff accordingly. Thank you.
2. It is time once again for you to complete the Federal **Food Program Forms**. These will be emailed out to you the week of July 1 and are **due back by July 12**. Hard copies will be available at the front desk. ALL families must have a current year on file and needs to complete the form.
3. Please make sure you are keeping current on your child's scheduled activities for the summer. You should have received a packet of information and dates of all events/activities. As a reminder water play days are: Mondays-Preschool; Tuesdays-Toddlers; Wednesdays-School-age; and Fridays-Transition. Library day is Thursdays and each group will leave 20 minutes before their scheduled time to walk to the library. Library times are as follows: Toddlers 9:20 to 9:40 A.M.; Transition 9:40 to 10 A.M.; Preschool 10 to 10:30 A.M. and School-age 10:30 to 11 A.M.
4. The children do play outside and will go for walks on campus. As long as the temperatures are below 100 degrees, including heat index, children do play outside. If groups go for walks in the afternoon, they are back by 4 P.M. If you will be picking up your child before that time, please let the lead teacher know so that your child does not go on the walk. We also monitor air quality. If air quality is above 100 AQI, the children do not play outside until it drops below 100.
5. Please let us know if your child(ren) will not be in attendance for the day. You can call the child care center at 402-554-3398 or email Dawn (dhove@unomaha.edu) or Monica (mdey@unomaha.edu) to let us know. This helps us for preparing meals and staffing for the day.
6. The UNO Child Care Center **closes** promptly at **5:30 P.M.** Please make sure you are picking up your child by 5:30 P.M. The staff thank you.
7. We continue to advertise for the Assistant Lead Teacher position. Help spread the word.
8. If you have any questions or concerns, please contact Dawn at 402-554-4936 or by email at dhove@unomaha.edu.



# July

## National Blood Donor Month

- 3 - Tran/Pre/SA Field Trip to Elmwood Park
- 4 - Independence Day; **Child Care Center Closed**
- 10 - Tran Walk to MBSC for Ice Cream
- 12 - Pre/SA Field Trip to Children's Museum
- 16 - Tran/Pre Field Trip to UNO Planetarium
- 17 - Toddler Walk to MBSC for Ice Cream
- 19 - SA Field Trip to Prehistoric Putt-Putt
- 21 - National Ice Cream Day
- 23 - SA Field Trip to UNO Planetarium
- 26 - SA Field Trip to Durham Museum
- 26 - Pre Walk to MBSC for Ice Cream
- 28 - Parent's Day
- 30 - International Friendship Day



# Happy Birthday!

- 10 - Miss Kennedy
- 16 - Farhang S.
- 25 - Miss Bailey



# August

## National Blood Donor Month

- 3 - Pre/SA Field Trip to Elmwood Park
- 4 - Independence Day; **Child Care Center Closed**
- 10 - Tran Walk to MBSC for Ice Cream
- 12 - Pre/SA Field Trip to Children's Museum
- 16 - Tran/Pre Field Trip to UNO Planetarium
- 17 - Toddler Walk to MBSC for Ice Cream
- 19 - SA Field Trip to Prehistoric Putt-Putt
- 21 - National Ice Cream Day
- 23 - SA Field Trip to UNO Planetarium
- 26 - SA Field Trip to Durham Museum
- 26 - Pre Walk to MBSC for Ice Cream
- 28 - Parent's Day



## Baby News!

Congratulations to the Atkins Family:

Rebecca, Ty, and big sister Eva

On the birth of

Elias Tyrell Atkins

Born on June 19, 2024

7lbs 1oz



## Recommended Books for the Month



Please watch for the shipment of the Nebraska Growing Readers book series that will be coming out the month of July.

These are free books that families can take and read to their children to keep or pass along to other families.

We have decided to send home books in your child's mailboxes. Please watch for these books to go out in mailboxes.

These books are designed to use language and cultural references appropriate for your children. In fact, many will speak to Nebraska specific topics that will engage your child.

Build your own Nebraska Growing Readers library and help your child flourish as readers and thinkers.

## Reading Fun!

Scholastic Book Orders will return in August.

Please visit your local library during the summer for reading enjoyment. This is a fun family summer activity.

The UNO Child Care Center will be participating in the **Summer Reading Program** through the Omaha Public Library. Each child will earn points to receive a **free book at the end of the summer**.

In addition the UNO Child Care Center is also a part of the **Nebraska Growing Readers** and families will be able to pick up **free books** to take home to read to your child and build your child's home library.

Books are an important part of a child's development and can help your child gain pre-literacy skills. Happy Reading!



## Talk With Toddlers

Welcome to July Toddler families.

We have some fun Independence Day themed arts and crafts planned to kick off the month.

Toddlers will also be experimenting with sounds and music, so be prepared for the volume to go up, Lol.

We will be having a toddler picnic on July 3 at the Child Care Center at 10:45 A.M., there will be a reminder sheet sent home with all the details.

Our next Ice Cream Wednesday will be on July 17. Please have your Toddler at the center by 9:15 A.M. so that we can get them ready for the trip to the Student Center.

Reminder water play day is Tuesdays at 9:30 A.M. and Library day is Thursdays. We leave the Child Care Center at 9:05 A.M. to walk to the Library and are back by 10 A.M.

Please remember to check both your child's mailbox and coat hook every day.

The UNO Child Care Center will be closed Thursday, July 4. We will reopen on Friday, July 5.

Enjoy the summer!

Mr. Fred and the Toddler Assistant Teachers



## Time With Transition

Happy July Transition Families!

This month is busy, as we are in the full swing of summer.

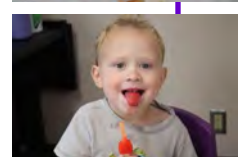
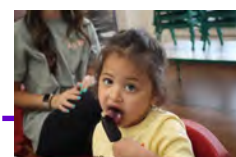
Here are a few reminders:

1. On Wednesday July 3, we will be going to Elmwood Park to have a picnic with a sack lunch and play. We will leave at 9 A.M. and be back by 11:30 A.M.
2. On Wednesday, July 10, we will be walking to Milo Bail Student Center to enjoy some ice cream. We will be leaving at 9:30 A.M. and be back by 10:30 A.M.
3. On Tuesday, July 16, we will be going to the UNO Planetarium and will be leaving at 9:30 A.M. and will be back by 11:20 A.M.
4. We will continue to have library time at 9:40 A.M. until August 8. To ensure we arrive on time, please have your child at the center by 9:20 A.M.
5. Please check your child's mailbox and coat hook every day. "Please Bring" reminders may be present, indicating items your child might need at school. Additionally, please keep in mind that we do a lot of walking/playing on the rock surface outside. The most comfortable option for footwear for your child is socks and closed-toed shoes.

July Learning Themes are: Stars and Stripes, Recycling, The Wild West, Outer Space, and Dinosaurs.

Happy 4 of July.

Ms. Alecia and the Transition Assistant Teachers





## Preschool Perspective

July is kicking off with a bang! Preschool is really enjoying our summer activities, and we have plenty of summer activities that we will be participating in this month!



Our themes this month include: Red, White and Blue; Insects and Bugs; Let's Go Camping; and Down by the Sea. We are continuing to review our letters, numbers, colors and shapes.

Here are some dates for you to remember this month!

Wednesday, July 3, 2024 – Elmwood Park Picnic (completely disposable sack lunch that is peanut/tree nut and egg free.)

Thursday, July 4, 2024 – Center Closed for Independence Day

Friday, July 12, 2024 – Field Trip to the Omaha Children's Museum (completely disposable sack lunch that is peanut/tree nut & egg free.)

Tuesday, July 16 – UNO Planetarium

Friday, July 26, 2024 – Ice Cream Day

We will also continue to have our water play days on Mondays and Library Days on Thursdays!

Until next month,

Ms. Monica and the Preschool Assistant Teachers

"Let us live like flowers—wild and beautiful and drenched in sun." - Ellen Everett



## School-age Press Release

Dear School-age Parents,

Can you believe that it is July! We have had a fun filled summer so far.



The themes for July are Patriotic, STEM, Paleontology, Camping, and Air and Space Travel. We have moved the parent information board down into the room over by the mailboxes. The bulletin board at the top of the stairs will now be a parent education board, that will have a new topic monthly, about how children learn.

Our upcoming field trips are as follows. Picnic at Elmwood Park on July 3, Children's Museum on July 12, Prehistoric Putt-Putt on July 19 and the Durham Museum July 26. On July 3 we are encouraging children to wear red or blue shorts to go with our white field trip shirts.

As a reminder splash day is on Wednesdays. Splash time is 12:30-1:30 P.M., weather permitting. Library day is on Thursdays from 11:00-11:30 A.M. Please remember to check your child's mailbox and hook daily.

Happy July!

Mrs. Patty and the School-age Staff



### Small Hands Crafting

Kids will love painting with water spray bottles. Mix different colors of washable tempera paint with water in separate water bottles. Lay out different canvases or large pieces of poster board outside. In clothes that can get dirty, let the kids be creative and make a work of art.



# Happy Summer

**Did you know that your CACFP child care provider helps ensure the body systems work correctly with encouraging proper hydration?**

As a CACFP provider, your child care home knows the importance of water and fluids to maintain a healthy body. Did you know the human body is 75% water? Water hydrates the body, cushions muscles and joints, and is used by the body to transport nutrients to and carry water away from cells and assist in regulating body temperature. We must rehydrate regularly to keep our muscles and body systems working properly. The daily recommended amount of water for a 4-8 year old is seven cups!

As the summer sun heats up, make sure to drink plenty of water. Stay hydrated!

### Water Fun: Movement in the Summer

Summer is the best time to step outside and play in the water. Try these water games with your kids for some cool fun!

**Drip, Drip, Splash** - This is a simple variation on the old classic Duck, Duck, Goose. On the drip, the person that it will drip just a tiny bit from a wet sponge on the other players. When it is time to splash, it will be a big soaking from the sponge.

**Sponge Bullseye** - With sidewalk chalk, draw various circles and assign point values, letters or numbers. Ask the children to get as many points as possible, hit a certain letter or a certain number with their wet sponges.

**Car Wash** - Those bicycles and toy cars need a good washing. Get out sponges and buckets and let the kids wash away all the dirt.

### Summer Salsa

- 16-oz. strawberries, diced
- 2 kiwi, peeled and diced
- 1/2 cup blueberries
- 1/2 cup raspberries
- 3 tablespoons sugar-free apricot preserves or jam

Mix all of the diced ingredients and the whole berries with the sugar free jam. Chill. Serve the salsa with whole grain pitas or make your own whole grain tortilla strips. To make these at home, use whole grain-rich tortillas. Spray tortillas with cooking spray and cut with pizza cutter into triangle pieces. Bake at 350 for 8-10 min. Cool and dip into your delicious summer salsa!

