

UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

| COURSE No. | Course Title | Credit | Method of Instruction | COUN 8220 Practicum Pre Requisite or Co-Req |
|----------------------|--|------------------------|--|--|
| TED 8010 OR EDL 8010 | Introduction to Research Introductory Research Methods | 3 | TED 8010-Hybrid In class EDL-8010- Remote | |
| COUN 8010 | Introduction to Counseling | 3 | 850- On-line Asynchronous | Pre-Req Required |
| COUN 8030 | Counseling Practices | 3 | 000- In person | Pre-Req Required |
| COUN 8040 | Professional & Ethical Practices | 3 | 850- On-line Asynchronous | Pre-Req Required |
| COUN 8110 | Human Dev & Psychosocial Intervention | 3 | 850- On-line Asynchronous | |
| COUN 8200 | Counseling Theories | 3 | 860- Hybrid In class and Asynchronous | Pre-Req Required |
| COUN 8020 | Career for Work & Wellness | 3 | 850- On-line Asynchronous | |
| COUN 8230 | Appraisal Techniques | 3 | 000-In person | Pre-req Required |
| COUN 8280 | Crisis Counseling | 3 | 000- In person | Pre-Req Required |
| COUN 8360 | Group Theory & Techniques | 3 | 000- In person | Pre-Req Required |
| COUN 8400 | Advanced Counseling Theory & Techniques | 3 | 000- In person | Pre-Req Required |
| COUN 8516 | Treatment Issues in Addiction | 3 | 820- Remote Hybrid with Asynchronous | Pre-or Co-Req |
| COUN 8520 | Counseling w/Multicultural Populations | 3 | 000- In person | Pre-Req Required |
| COUN 8610 | Marriage & Family Counseling | 3 | 820-Remote | Pre-or Co-Req |
| COUN 8700 | Child & Adolescent Counseling | 3 | 860- Hybrid In class and Asynchronous | Pre-or Co-Req |
| COUN 8800 | Clinical Mental Health Counseling | 3 | 850- On-line Asynchronous | |
| COUN 8920 | DSM & Treatment Planning | 3 | 850- On-line Asynchronous | Pre-Req Required |
| COUN 8220 | Counseling Practicum (UNO Counseling Clinic) | 3 | 000- In person | NA |
| COUN 8250 | Counseling Internship | 3 | 820-Remote | NA |
| COUN 8260 | Advanced Internship | 3 | 820-Remote | NA |
| | Total Credits | 60 Credit Hours | | 66 Credit Hours if doing Thesis (Must be pre-approved by faculty) |

Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC *academic* requirements

- a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online)
- b. COUN 8696: Assessment & Case Management in Substance Abuse (online)

(Students are encouraged to complete these courses *after completing* Practicum (COUN 8220) pre-reqs.)



UNIVERSITY OF NEBRASKA AT OMAHA

Clinical Mental Health Counseling COUN 8220 (Practicum) Pre-Requisites & Co-Requisites*

Pre-Requisites for Practicum (COUN 8220)

Semester Completed

MUST take before Practicum

| | | |
|---------------|--------------------------------|--|
| 1. COUN 8010 | Introduction to Counseling | |
| 2. COUN 8030 | Counseling Practices | |
| 3. COUN 8040 | Professional & Ethical Issues | |
| 4. COUN 8200 | Counseling Theories | |
| 5. COUN 8400 | Advanced Theory and Techniques | |
| 6. COUN 8520 | Multicultural Counseling | |
| 7. COUN 8920 | DSM-5 & Treatment Planning | |
| 8. COUN 8280 | Crisis Intervention | |
| 9. COUN 8360 | Group Techniques & Practice | |
| 10. COUN 8230 | Appraisal Techniques | |

Co-Requisites for Practicum

(Can take before or during practicum)

Semester Completed

| | | |
|--------------|---------------------------------|--|
| 1. COUN 8610 | Marriage & Family Counseling | |
| 2. COUN 8700 | Child and Adolescent Counseling | |
| 3. COUN 8516 | Clinical Tx Issues Addiction | |

Can take AFTER Practicum

(Can take any time in the program)

Semester Completed

| | | |
|-----------------|------------------------------|--|
| 1. EDL/TED 8010 | Intro to Research | |
| 2. COUN 8800 | CMHC | |
| 3. COUN 8020 | Career for Work and Wellness | |
| 4. COUN 8110 | Human Development | |



Plan of Study Sample (Part-Time CMHC)

Faculty Advisor: _____

Degree: M.S. _____ Thesis option: _____

| YEAR | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | Total |
|------|-------------------------------------|----|--|----|--|----|-------|
| 1 | COUN 8010: Intro to Counseling | 3 | COUN 8200: Theories | 3 | COUN 8516: Tx Issues in Addiction (Chem Dep) | 3 | |
| | COUN 8520: Multicultural Counseling | 3 | COUN 8610: Marriage & Family Counseling | 3 | COUN 8040: Ethics/Legal Issues | 3 | |
| | | | | | | | |
| | Total Credits | 6 | Total Credits | 6 | Total Credits | 6 | 18 |
| YEAR | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| 2 | COUN 8280: Crisis and Trauma | 3 | COUN 8030: Practices | 3 | COUN 8020: Career for Work & Wellness | 3 | |
| | COUN 8110: Human Development | 3 | COUN 8360: Group Theory/Techniques | 3 | COUN 8920: DSM | 3 | |
| | | | | | | | |
| | Total Credits | 6 | Total Credits | 6 | Total Credits | 6 | 36 |
| YEAR | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| 3 | COUN 8230: Appraisal | 3 | COUN 8700: Child & Adolescent Counseling | 3 | COUN 8800: Clinical Mental Health | 3 | |
| | COUN 8400: Adv. Theory/Technique | 3 | COUN 8220: Practicum | 3 | TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods | 3 | |
| | | | | | | | |
| | Total Credits | 6 | Total Credits | 6 | Total Credits | 6 | 54 |
| YEAR | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| 4 | COUN 8250: Internship | 3 | COUN 8260: Adv. Internship | 3 | | | |
| | | | Comprehensive Exam & NCE/NCMHCE | | | | |
| | Total Credits | 3 | Total Credits | 3 | Total Credits | | 60 |

Plan of Study Sample (Full-Time [9 hrs] CMHC)

Faculty Advisor: _____

Degree: M.S. _____ **Thesis option:** _____

| YEAR | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | Total |
|-----------|---|----|--|----|---|----|-------|
| YEAR 1 | COUN 8010: Intro to Counseling | 3 | COUN 8200: Theories | 3 | COUN 8230: Appraisal | 3 | |
| | COUN 8610: Marriage & Family Counseling | 3 | COUN 8040: Ethics/Legal Issues | 3 | COUN 8360: Group Theory/Techniques | 3 | |
| | COUN 8520: Multicultural Counseling | 3 | COUN 8280: Crisis and Trauma | 3 | COUN 8110: Human Development | | |
| | | | | | | | |
| | Total Credits | 9 | Total Credits | 9 | Total Credits | 6 | 24 |
| YEAR 2 | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| YEAR 2 | COUN 8030: Practices | 3 | COUN 8516: Tx Issues in Substance Abuse | 3 | COUN 8020: Career for Work and Wellness | 3 | |
| | COUN 8400: Adv. Theory/Technique | 3 | COUN 8700: Child & Adolescent Counseling | 3 | EDL 8010: Introductory Research Methods | 3 | |
| | COUN 8920: DSM | 3 | COUN 8220: Practicum | 3 | | | |
| | | | | | | | |
| | Total Credits | 9 | Total Credits | 9 | Total Credits | 6 | 48 |
| YEAR 3 | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| YEAR 3 | COUN 8250: Internship | 3 | COUN 8260: Adv. Internship | 3 | | | |
| | COUN 8800: Clinical Mental Health | 3 | | 3 | | | |
| | | | Comprehensive Exam & NCE/NCMHCE | | | | |
| | Total Credits | 6 | Total Credits | 6 | Total Credits | | 60 |
| | Fall: _____ | CR | Spring: _____ | CR | Summer: _____ | CR | |
| YEAR 4 | | | | | | | |
| YEAR 4 | | | | | | | |
| | | | | | | | |
| | Total Credits | | Total Credits | | Total Credits | | |