

UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

COURSE No.	Course Title	Credit	Method of Instruction	COUN 8220 Practicum Pre Requisite or Co-Req
TED 8010 OR EDL 8010	Introduction to Research Introductory Research Methods	3	TED 8010-Hybrid In class EDL-8010- Remote	
COUN 8010	Introduction to Counseling	3	850- On-line Asynchronous	Pre-Req
COUN 8030	Counseling Practices	3	000- In person	Pre-Req
COUN 8040	Professional & Ethical Practices	3	820- Remote class every week	Pre-Req
COUN 8110	Human Dev & Psychosocial Intervention	3	850- On-line Asynchronous	
COUN 8200	Counseling Theories	3	850-On-line Asynchronous	Pre-Req
COUN 8020	Career for Work & Wellness	3	850- On-line Asynchronous	
COUN 8230	Appraisal Techniques	3	820-Hybrid: Remote Periodic Remote class TBD	Pre-req
COUN 8280	Crisis Counseling	3	000- In person	Pre-Req
COUN 8360	Group Theory & Techniques	3	000- In person	Pre-Req
COUN 8400	Advanced Counseling Theory & Techniques	3	000- In person	Pre-Req
COUN 8516	Treatment Issues in Addiction	3	820-Hybrid: Remote Periodic Remote class TBD	Pre-or Co-Req
COUN 8520	Counseling w/Multicultural Populations	3	000- In person	Pre-Req
COUN 8610	Marriage & Family Counseling	3	820-Remote class every week	Pre-or Co-Req
COUN 8700	Child & Adolescent Counseling	3	860- Hybrid: In Person Periodic In person classes TBD	Pre-or Co-Req
COUN 8800	Clinical Mental Health Counseling	3	850- On-line Asynchronous	
COUN 8920	DSM & Treatment Planning	3	850- On-line Asynchronous	Pre-Req
COUN 8220	Counseling Practicum (UNO Counseling Clinic)	3	000- In person	NA
COUN 8250	Counseling Internship	3	820-Remote Every week	NA
COUN 8260	Advanced Internship	3	820-Remote every week	NA
	Total Credits	60 Credit Hours		66 Credit Hours if doing Thesis (Must be pre-approved by faculty)

Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC *academic* requirements

a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online)

b. COUN 8696: Assessment & Case Management in Substance Abuse (online)

(Students are encouraged to complete these courses *after completing* Practicum (COUN 8220) pre-reqs.)



UNIVERSITY OF NEBRASKA AT OMAHA

Clinical Mental Health Counseling COUN 8220 (Practicum) Pre-Requisites & Co-Requisites*

Pre-Requisites for Practicum (COUN 8220)

Semester Completed

MUST take before Practicum

1. COUN 8010	Introduction to Counseling	
2. COUN 8030	Counseling Practices	
3. COUN 8040	Professional & Ethical Issues	
4. COUN 8200	Counseling Theories	
5. COUN 8400	Advanced Theory and Techniques	
6. COUN 8520	Multicultural Counseling	
7. COUN 8920	DSM-5 & Treatment Planning	
8. COUN 8280	Crisis Intervention	
9. COUN 8360	Group Techniques & Practice	
10. COUN 8230	Appraisal Techniques	

Co-Requisites for Practicum

(Can take before or during practicum)

Semester Completed

1. COUN 8610	Marriage & Family Counseling	
2. COUN 8700	Child and Adolescent Counseling	
3. COUN 8516	Clinical Tx Issues Addiction	

Can take AFTER Practicum

(Can take any time in the program)

Semester Completed

1. EDL/TED 8010	Intro to Research	
2. COUN 8800	CMHC	
3. COUN 8020	Career for Work and Wellness	
4. COUN 8110	Human Development	



Plan of Study Sample (Part-Time CMHC)

Faculty Advisor: _____

Degree: M.S. _____ Thesis option: _____

YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
1	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Addiction (Chem Dep)	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3	COUN 8040: Ethics/Legal Issues	3	
	Total Credits	6	Total Credits	6	Total Credits	6	18
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
2	COUN 8280: Crisis and Trauma	3	COUN 8030: Practices	3	COUN 8020: Career for Work & Wellness	3	
	COUN 8110: Human Development	3	COUN 8360: Group Theory/Techniques	3	COUN 8920: DSM	3	
	Total Credits	6	Total Credits	6	Total Credits	6	36
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
3	COUN 8230: Appraisal	3	COUN 8700: Child & Adolescent Counseling	3	COUN 8800: Clinical Mental Health	3	
	COUN 8400: Adv. Theory/Technique	3	COUN 8220: Practicum	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	Total Credits	6	Total Credits	6	Total Credits	6	54
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
4	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3			
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	3	Total Credits	3	Total Credits		60

Plan of Study Sample (Full-Time [9 hrs] CMHC)

Faculty Advisor:							
Degree: M.S. _____ Thesis option: _____							
YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8230: Appraisal	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8040: Ethics/Legal Issues	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8520: Multicultural Counseling	3	COUN 8280: Crisis and Trauma	3	COUN 8110: Human Development		
	Total Credits	9	Total Credits	9	Total Credits	6	24
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8030: Practices	3	COUN 8516: Tx Issues in Substance Abuse	3	COUN 8020: Career for Work and Wellness	3	
	COUN 8400: Adv. Theory/Technique	3	COUN 8700: Child & Adolescent Counseling	3	EDL 8010: Introductory Research Methods	3	
	COUN 8920: DSM	3	COUN 8220: Practicum	3			
	Total Credits	9	Total Credits	9	Total Credits	6	48
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3			
	COUN 8800: Clinical Mental Health	3		3			
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	6	Total Credits	6	Total Credits		60
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
YEAR 4							
	Total Credits		Total Credits		Total Credits		