

# UNO School of Health and Kinesiology

## Tentative 4-Year Plan\*

## Public Health

FRESHMAN FALL			SOPHOMORE FALL			JUNIOR FALL			SENIOR FALL		
ENGL 1150	English Composition I	3	Statistics	HEKI 2100 or SOC 2130	3	PHHB 4880	Public Health Policy	3	PHHB 4280	Social Marketing in Public Health	3
PHHB 1500	Foundaitons in Public Health	3	CMST 2410	Small Group Communication	3	Class 2 of 2	"Pick 2 Section"	3	PHHB 4550	Health Aspects of Aging	3
JMC 1500	Intro to Mass Communication	3	Gen. Ed.	Humanities/Fine Arts	3	PHHB 4400	Health Literacy	3	PHHB 4060	School Health Problems	3
Gen. Ed.	Humanities/Fine Arts & Diversity	3	Class 1 of 2	"Pick 2 Section"	3	Elective	Elective for 120 credit total	3	PHHB 4960	Public Hlth Planning/Organiz.	3
PSYC 1010	Intro to Psychology	3	PHHB 4130	Community Health	3	PHHB 4200	Mental Health - PH Approach	3	Elective	Elective for 120 credit total	3
<i>CREDITS</i>		15	<i>CREDITS</i>		15	<i>CREDITS</i>		15	<i>CREDITS</i>		15
NOTES			NOTES			NOTES			NOTES		
Attend Durango Days; other campus events Advising appointment for spring: Sept. - Oct.			Advising appointment for spring: Sept. - Oct.			Advising appointment for spring: Sept. - Oct. Shadowing/Volunteer experiences			Advising appointment for spring: Sept. - Oct. PHHB 4990 Application Due		
SPRING			SPRING			SPRING			SPRING		
ENGL 1160	English Composition II	3	PHHB 4040	Epidemiology & Prevent. of Dis.	3	PHHB 4700	Wmn's Hlth & Issues/Diversity	3	PHHB 4990	Internship in Public Health	6
Gen. Ed.	Natural/Physical Science w/ Lab	4	PHHB 4050	Intro to Research in PH	3	PHHB 4650	Global Health	3	KINS 3900	Motivation for Physical Activity	3
CMST 1110	Public Speaking	3	BIOL 1330	Environmental Biology	3	PHHB 4000	Methods & Materials	3	PHHB 4950	Public Health Ldrshp & Advoccy	3
MATH 1220	College Algebra	3	Elective	Elective for 120 credit total	3	PA 2170	Intro to Public Admin	3	Elective	Elective for 120 credit total	3
Elective	Elective for 120 credit total	3	Gen. Ed.	Humanities/Fine Arts	3	Elective	Elective for 120 credit total	3			
<i>CREDITS</i>		16	<i>CREDITS</i>		15	<i>CREDITS</i>		15	<i>CREDITS</i>		15
NOTES			NOTES			NOTES			NOTES		
Advising appointment for fall: February - March Join a student organization			Advising appointment for fall: February - March			Advising appointment for fall: February - March			Apply for graduation Career searching		

General Education: <https://www.unomaha.edu/general-education/approved-courses/index.php>

\*Sample plan based on placement into courses and availability of courses

If a student wishes to take less than the indicated credit hours, summer classes are offered too.

